

tända™

TÄNDA SKINCARE SYSTEM





Thank you for purchasing the Tända Skincare System™. You are about to experience a revolution in skincare. Nourish your skin with the radiance of light for fresh, healthy-looking skin.

Tända™ is a dermatologist recommended at-home modular system offering proven light therapy and botanically based, Light-Optimized™ topicals; providing natural, non-invasive, scientifically proven skincare solutions.

## TÄNDA SKINCARE SYSTEM™

**Tända Clear™** Acne light therapy treatment\* uses 414nm blue light that is scientifically proven to kill P.acnes bacteria, helping to cure existing blemishes and prevent further outbreaks.

*For an assessment of the severity of your acne visit [tandaskincare.com](http://tandaskincare.com) or see your dermatologist*

**Tända Regenerate™** Anti-Aging light therapy treatment\* uses 660nm red light to help improve skin texture, color and tone while diminishing the appearance of fine lines and wrinkles. Use in combination with Tända Clear to reduce the appearance of acne inflammation and scarring.

\*Tända treatment heads sold separately.

## GETTING STARTED

1. Unpack the Tända Skincare System and all the accessories
2. Before use, remove the “plastic plug” from the bottom of the Tända
3. Peel the protective lens cover off the treatment head
4. Place device in its stand, ensure orange charging light is on, fully charge (2 hours) ❶

## TÄNDA ACNE & ANTI-AGING TREATMENTS

1. For optimal results cleanse with the Tända Light-Optimized™ Cleanser and apply the Tända Light-Optimized Anti-Blemish Gel or Anti-Aging Serum.

2. Press the orange power button once. ②
3. When the light is flashing green, the treatment cycle is active.
4. Place light in contact with clean dry skin, directly over the area to be treated.
5. Each treatment cycle is three minutes. An audible beep will sound every 30 seconds during the treatment cycle. Two quick beeps will indicate when the cycle is complete.
6. Treatment Cycles
  - a. Tända Clear\* Acne Light Therapy  
Treatment: Use for 3 minutes over affected areas twice daily.  
To maximize your results for Acne, follow with the Tända Regenerate\* red LED light treatment: Use for 3 minutes over affected areas twice daily.
  - b. Tända Regenerate\* Anti-Aging Light Therapy  
Treatment: Move the Tända device gently around the face pausing for 3 minutes over areas that require more rejuvenation (e.g. around eyes or mouth). Allow 20-24 hours in-between treatment sessions to optimize the skin's regenerative cycle.
7. Store the device in its stand. See the CLEANING section for proper cleaning instructions. Note: Do not immerse device in water at any time.

\*Tända treatment heads sold separately.

## INDICATIONS FOR USE

Tanda Clear (blue) light is indicated for the treatment of mild to moderate inflammatory acne

## TEMPERATURE SENSOR

The Tända temperature sensor will turn the device off if temperature exceeds 41° C. Allow the device to cool for 5-10 minutes before reuse.



## SKIN SENSOR

Treatment will activate when in full contact with skin. The device automatically turns off if inactive for more than 20 seconds. Press orange power button once to reactivate.

## CHARGING TÄNDA

Place the device in the stand or plug the power adapter directly into the base of the device. ③

## BATTERY CARE

Keep the Tända fully charged at all times. It is recommended to store the Tända in the stand after use.

## CLEANING

Use a damp soft, lint-free cloth and a mild detergent to clean the Tända treatment head surface. Note: Do not immerse device in water at any time.

## SERVICE

In North America call our customer service team with any questions about the Tända Skincare System or to customize your Tända skincare regime. If you are outside North America contact your local distributor. Contact information can be found at [tandaskincare.com](http://tandaskincare.com).

Manufactured for:	Hours of operation:
Pharos Life Corp.	Mon–Fri, 9am–5pm EST
11-380 Jamieson Pkwy,	Phone: 1.519.651.1177
Cambridge, ON, CAN	Toll free (NA): 1.877.651.1177
N3C 4N4	Fax: 1.519.651.2277
<a href="mailto:info@tandaskincare.com">info@tandaskincare.com</a>	

## MEDICAL PRECAUTIONS

- If using the device causes any discomfort, stop use immediately.
- Do not look directly or shine in the eyes while in operation.
- Do not use if you are pregnant.
- Do not use if you are sensitive to light
- Do not use over neck if diagnosed or suspect a thyroid problem
- Do not use over any suspicious or cancerous lesion. Consult your doctor.
- Do not use over topical or systemic steroids or

- NSAIDs injections.
- Do not allow children to use the device unsupervised.
- Do not use on infants under 18 months.

## **PRECAUTIONARY INSTRUCTIONS**

When using an electrical device, basic precautions should always be followed, including the following:

### **Caution**

- Read all instructions before using your Tända.
- Tända should be operated, transported and stored in the manner specified in this manual.
- The device should be routinely checked before each use to determine the device functions properly.
- Do not disassemble the device as this may cause device damage, malfunction, electrical shock, fire or personal injury. There are no user-serviceable parts inside the device.
- Do not operate this device in an environment where other devices, which intentionally radiate electromagnetic energy in an unshielded manner, are being used. Portable or mobile radio frequency communication equipment can affect medical electrical equipment.
- Failure to use and maintain Tända in accordance with the instructions outlined in this manual will invalidate the warranty.

### **Warning**

- Never operate this device if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or submerged in water. Return the device to Pharos Life for examination and repair.
- Never drop or insert any object into any openings on the device.
- Keep away from flammable aerosol products

being used or where oxygen is being administered.

- Always attach the AC/DC power adapter to device first, then into the outlet.
- Use only the power adaptor provided with Tända.
- Do not scratch or damage the treatment head.
- Use of controls or adjustments or performance of procedures other than those specified herein may result in injury.
- Keep all electrical appliances (including Tända) away from water (including bath and shower). If the device accidentally falls in water unplug immediately.
- If Tända begins to overheat, turn off immediately.

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## Patents pending

### Appendix Indicator Lights

Flashing green

Orange

Red

Off

Tända is delivering a treatment

The battery is being charged

Troubleshooting – see website  
[tandaskincare.com](http://tandaskincare.com)

The Tända device is off

### Indicator Sounds

One Beep

Two Beeps

Three Beeps

Four Beeps

Start of treatment and 30  
second treatment intervals

End of treatment cycle or low  
battery.

High temperature

Loose or disengaged treatment  
head

## Specifications



Class 2



Class BF

Specified Power Adaptor: Fuhua, Medical Grade Power Adaptor, Model No. UE15WCP-075100SPA, Input:100-240Vac, 50-60Hz, 400mA, Output:7.5Vdc, 1.0A, Center Negative. Battery Type: UL-certified NiMH, 3.6V, 800mAh

Tända complies with the following safety and EMC regulations



ETL Classified :  
3115363

Medical  
Electric Equipment



**Safety And EMC Regulatory Compliance:** Tända Complies With The Following Safety And EMC Regulations, EU Directive 93/42/EEC, EU Directive 89/336/EEC, FDA 21CFR 1040.10 & 1040.11 IEC/UL/EN: 60601-1, 60601-1-2, CAN C22.2 No.601-1-M90w/A2

**Operating Specifications:** Ambient Temperature, 15°C To 35°C RH: 15% To 75%, Non-Condensing; Atmospheric Pressure: 700 – 1060 Hpa; **Vibration:** Device May Be Subjected To Vibration

**Transport/Store Environmental Specifications:** Ambient Temperature: 0°C To 60°C; Humidity: 10% To 90%

Australian Rep: Emergo Asia-Pacific Pty LTD 201 Sussex Street, Darling Park, Tower 2, Level 20, Sydney, NSW 2000, Australia

European Rep: Mdi Europa GmbH, Wittekamp 30, D-30163 Hannover

## Waste Electrical and Electronic Equipment (WEEE)



For information and instructions regarding the proper disposal of this product in your location please visit [tandaskincare.com](http://tandaskincare.com)

## WARRANTY

### Register your Tända warranty at [tandaskincare.com](http://tandaskincare.com)

Your Tända product is warranted to be free from defect in material and workmanship for a period of one year under normal use after its original purchase date. This warranty extends only to the original retail purchaser with original proof of purchase and only when purchased from an authorized Tända retailer.

If the product should become defective within the warranty period, contact Pharos Life Corporation. In North America call our customer service team at 519.651.1177 x 233 or toll free at 1.877.651.1177 for repair or replacement. If you are outside North America contact your local distributor. Contact information can be found at [tandaskincare.com](http://tandaskincare.com). Pharos Life Corporation reserves the right to replace a defective product with the most comparable product currently available. Your exclusive remedy for any defective product covered by this limited warranty is limited to the repair or replacement of the defective product. Pharos Life's entire liability for any defective product shall in no event exceed the purchase price for the defective product.

This warranty does not cover products determined by Pharos Life Corporation to be damaged by any of the following:

- Accident, misuse, abuse or alteration
- Servicing by unauthorized persons
- Use with unauthorized accessories or use other than as instructed
- Connecting to incorrect current and voltage
- Any other conditions beyond our control

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